

THE SCHOOLS' HEAD OF THE RIVER RACE 2011

Date of Event: **Thursday 17th March 2010**

Course: **Chiswick Bridge to Putney [4.25 miles]** Start: **1330**

Deadline for entries: FIRST POST Tuesday 1st March

Entries are invited for the following categories:

EIGHTS:	Championship Eights	FOURS:	School/Junior Coxed
	School/Junior 2 nd 8o		Junior 16 Coxed
	School/Junior 3rd 8o		School/Junior Girls Coxed
	J16 Championship Eights		J16 Girls Coxed
	J16 First Eights		Junior under 15 coxed
	J16 Second Eights	QUADS:	
	J15 Championship Eights		School/Junior coxless
	J15 First Eights		School/junior Girls coxless
	J 15 Second Eights		
	Championship Girls Eights		
	J16 Girls Eights		
	J15 Girls Eights		

The event is run under GB Rowing Rules with these special Conditions:

1. All Participants in the race **must** be in full-time education in schools or sixth-form colleges, and must be 18 or younger on the day of the race.
2. No composite entries are allowed or 'flags of convenience' crews.
3. A significant aim of the Schools Head is to promote rowing in schools. For this reason clubs may enter a crew composed of rowers who satisfy Rule 1 above, but only where such rowers attend schools which have no existing **active** boat club.
Entries from clubs must indicate schools/sixth-form colleges attended, beside the name of each competitor, on the GB rowing entry form.
A number of clubs have misunderstood this rule in the past.
4. All competitors must have attained their 13th birthday.
5. A club may only enter a '2nd or '3rd crew if a genuine first crew has been entered.

It is a condition of entry that all those taking part are competent swimmers. The committee take every precaution to ensure the safety of competitors, but is not to be held responsible for accidents.

Prizes

The fastest Eight will receive the Head Trophy and a pennant. All other winning crews receive pennants. Individual medals will be awarded to all members of winning crews. The second and third crews in Championship events will be awarded silver and bronze medals.

The Thames Team Trophy will be awarded to the school with the fastest aggregate time of any three eights.

SUMMARY ENTRY FORM
The Schools' Head of the River Race 2011
Thursday 17th March 1330

School/club Name:

<i><u>Eights</u></i>	<i>Number</i>
Championship 8o	_____
School/Jun 2nd 8o	_____
School/Jun 3rd 8o	_____
J16 Championship 8o	_____
J16 First Eight	_____
J16 Second 8o	_____
J15 Championship 8o	_____
J15 First 8o	_____
J 15 2 nd 8o	_____
Championship Girls 8o	_____
J16 Girls 8o	_____
J15 Girls 8o	_____

Quads

School/Junior Coxless	_____
School Junior Girls coxless	_____

Fours

School/Junior Coxed	_____
Junior Under 16 coxed	_____
School/Junior Girls coxed	_____
J16 Girls coxed	_____
Junior Under 15 coxed	_____

Thames Team Trophy: tick here if eligible _____

Please provide contact details:

SCHOOL/CLUB:

NAME:

MOBILE:
EVENING:

E/MAIL:

Entry Fees

_____ Eights x £90=

_____ Quads/Fours x £50=

TOTAL:

I enclose a cheque payable to THE SCHOOLS' HEAD RACE

I enclose completed GB Rowing entry forms for all crews

Boating Arrangements

The above crews will be boating from _____

I have contacted the above club and have their permission.

Declaration

I have read the rules and conditions of entry, and certify that this entry complies with those rules and conditions.

Signed: _____

Address for Entries:

C.D.Riches
Westminster school
17, Dean`s Yard
WESTMINSTER
SW1P 3PB

Reminders

BOAT IDENTIFICATION

It is now a GB Rowing rule that ALL boats must display standard boat identification.

Further details can be obtained from GB rowing.

All coxes should have watched the Tideway coxing video which may be accessed on youtube.

<http://www.youtube.com/watch?v=RSI8XiXfpng&playnext=1&list=PL8A215001684784E1&index=36>

As before, we would like to remind coaches that the 3rd Eights event is for genuine 3rd Eights, and not an alternative J16 event

All crews should adhere to the Row safe code and note the following:

The Committee emphasise that rowing on the Tideway is very different from rowing on still or non-tidal waters. Good coxing and watermanship are essential if the race is to be an event which is safe and enjoyable for all participants. We therefore urge coaches to use their discretion in making their entries, and consider whether weaker crews should be entered. We also remind them that it is permissible to use coxes who are older than the age group they are coxing.

Boating Arrangements

We would encourage you to make the same arrangements as you did last year, although boating at St.Pauls will be severely restricted. More boating capacity is available at Emanuel and at Barn Elms. High Tide will be around 1215 but the river will be fairly low at that time.

You MUST contact the club where you intend to boat in good time, and indicate your boating arrangements on the entry form, in the space provided.

The 2012 race will take place on Tuesday 20th March at 1400

THE COMMITTEE